

*Next General Meeting
Friday, 1st April 2016*

*2.30 pm at the
Trinity Church Hall, Sutton
(opposite Civic Offices)*

*Speaker Michelle Ernoult
'Beekeeping'*



**IMPORTANT
BALLOT PAPERS & MEMBERSHIP
RENEWAL FORM ENCLOSED
WITH THIS NEWSLETTER**

Sutton U3A is part of a unique and exciting international self-help movement providing recreational, educational and social activities for semi-retired and retired people – offering a wide range of interest groups and “out and about” activities

Sutton U3A gives you the chance to develop your interests, make new friends and enjoy yourself

General Meetings are held every other month, with guest speakers, sat Trinity Church Hall, Hill Road, Sutton, starting at 2.30pm

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NOTES FROM THE CHAIR

Firstly I would like to take this opportunity to give formal notice of the Annual General Meeting of Sutton U3A which is being held in the Main Hall, Trinity Church, Hill Road, Sutton, on Friday 27 May 2016 at 2.30pm. The election of our Committee for 2016/17 will take place at the AGM and in this Newsletter there are 4 separate coloured sheets which give the following details relating to the election of posts on our Executive Committee :-

- Page 1 – Voting for Executive Committee and the AGM
- Page 2 – Description of Vacant posts on Executive Committee
- Page 3 – Election of Members to Executive Committee
- Page 4 – Nomination Form for Executive Committee

If any member is interested in coming to a Committee meeting as an observer, we would be pleased to welcome you. We can only accommodate 2 members at any one meeting. Just contact me and we can arrange it.

The Membership Application Renewal Form is also with the Newsletter and I am pleased to report that the Annual Subscription will remain the same for the fourth consecutive year, i.e. £18 p.a.

We are, however, amending the Branch Policy for Groups and Meetings to reflect that wherever possible all Groups should be financially self-sufficient. If an Interest Group is, for whatever reason, unable to meet in a Member's house, we are bringing in a new way of covering the cost of outside accommodation. On the following page you will see the amended Branch Policy for Groups & Meetings, effective 1st April, 2016 and the Charges for Hiring Room/Halls is outlined in Paragraph No 9. I have talked to all the Group Leaders of current Groups who do not meet in members' homes and they are fully in agreement with this change. This will bring parity for Groups who do not meet in a Group Leader's or Host's home.

Two of our members came forward as a result of our request in the last Newsletter to be representatives for Sutton U3A at the U3A London Region Quarterly Meetings - thank you very much Doris Richards and Elizabeth Aumer.

We have renewed our Group Membership of Sutton Seniors Forum for the coming year and therefore Sutton U3A members can attend any of Sutton Seniors Forum Meetings. To find out details of when these are being held, please visit their website – www.suttonseniorsforum.co.uk, or phone the Forum Office on 020 8401 2741.

A one-day Conference is being held on Wednesday 20 April which is open to members of all U3As in the South East Region. It is free and lunch is included - applications are on a first-come first-served basis. The Conference covers a variety of interesting subjects relevant to members of any U3A. It is held at East Grinstead - if you are interested contact Alison Gaitonde on 01737 812646 or email her on alisonmgaitonde@gmail.com.

We are always trying to further publicise our U3A and if you know any friends and neighbours who you think might be interested in joining in with our activities, please pass Mavis McCarthy's contact details on to them; we need to spread the word about us!

Finally, please do look at the separate notice in this Newsletter concerning our second Open Afternoon which we are holding in March.

With very best wishes to everyone for 2016.

Audrey Willson

GROUPS & MEETINGS

1. GROUP LEADERS are required to ensure that all persons attending their Group have current Membership Cards by checking them all before or at the latest in May each year, and also checking when a new person joins the Group.
2. Members are required to always inform their GROUP LEADER if they are unable to go to a Group Meeting – if a Member has been absent for 3 meetings with the GROUP LEADER not being contacted and a reason given from them for their non-attendance, then that Member is assumed to have left the Group.
3. GROUP LEADERS are required to keep a waiting list of Members for their Group – they should also contact the Groups Co-ordinator when four persons are on the Waiting List in order for an Article to be put in the next Newsletter to seek someone to start a new Group.
4. GUESTS may attend ONE Meeting of ONE interest Group before becoming a Member of Sutton U3A.
5. GUESTS may attend an Outing by Coach ONCE PER CALENDAR YEAR if there are spaces not required by Members.
6. GROUPS – a Member can only belong to ONE Group on a Topic. A Leader can be both a Member of a Group and lead another Group on the same topic.
7. GENERAL MEETINGS – a Guest may attend ONE General Meeting before becoming a Member.
8. GROUP MEETINGS - Members will contribute 50p (or whatever sum the Group Leader thinks is reasonable) per Meeting at the Group Leader's House to cover expenses.
9. GROUP MEETINGS – Charges for Hiring Rooms/Small Halls

If an Interest Group is unable to meet in a Member's house, then prior to the beginning of each season (April to August; September to December; January to March) the Leader must contact either the Groups' Co-ordinator or the Chairman to book a suitable room for the Group. When the cost of the booked room for each season is known the Group Leader will be notified and the cost divided between the number of members in the Group. This money, which should be in cheque form, being collected by the Group Leader at the beginning of each season. The Group Leader will then pass the money over to the Treasurer within two weeks of the beginning of each season. There will be no refund for non-attendance at any Group Meetings. Note: Every endeavour will be made to hire a Room at the Civic Centre where the cost is very reasonable; however if there is no availability a booking may have to be made at either Trinity Church or Granfers (these rooms are dearer than Civic Centre).

10. GROUP MEETINGS – SCIENCE GROUPS - Special arrangements apply as the cost of these meetings is shared with Banstead U3A and Epsom & Ewell U3A.
11. SOCIAL BRIDGE - Special arrangements apply for Social Bridge at Granfers.
12. ART GROUPS - Special arrangements apply. Members of an Art Group will pay £50 per year (April to March) in addition to the annual subscription of £18; if a member attends a second Art Group, then a further £50 per year is payable. The Group Leaders are responsible for collecting the appropriate amount of money in cheque form per season and passing the money over to the Treasurer within two weeks of the beginning of each season. There will be no refund for non-attendance at any Art Meetings.

We are pleased to welcome the following new members

✿ Rosemary Goldsmith ✿ Elizabeth Jeppesen ✿ Trevor Laws ✿
✿ Eileen Oliver ✿ Maggie Parker ✿ Maurice Tijou ✿



New & Prospective Members' Morning

10.30 a.m on 8th March, 2016

at The Café in Sutton Central Library (next to Civic Offices)

SUTTON U3A OPEN AFTERNOON

Friday 18th March 2.30 to 4pm - Europa Gallery, Sutton Library

We are very fortunate to have been able to book the Europa Gallery this year for our Open Afternoon and the Mayor, Councillor Muhammad Sadiq and Mayoress, Mrs Aasia Sadiq have accepted our invitation to attend this event

This event is open to all our Members and also members of the public and entry is free. The aim is promote interest from potential new members and to answer questions from existing members

We first held this type of event last year at the Civic Centre and it was very successful; our event this year is in much larger premises

Please do pop in and see us and meet the Group Leaders who will be available to answer questions about their Group and give information on their activities

The event will be open at 2.30pm and tea/coffee & biscuits will be available free of charge

Social Club News

The Social Club Committee is working on a varied programme for 2016, starting in May with the old watercress headquarters of Hampshire, then on to a small gem of a National Trust Property.

Then in June we go to the Sussex Downs to visit the fantastic gardens at West Dean, then on to Bignor Roman Villa.

In July bring your 'piggy bank' to the Art in Action Exhibition at Waterperry Gardens and visit the fantastic herbaceous borders.

In September stretch your legs exploring historic Cambridge or have a gentler walk to gawp at the treasures of the Fitzwilliam Museum, King Arthur's Round Table or the house where Jane Austen stayed.

Get in the Christmas spirit in early December on a trip to bustling Winchester - and maybe a market! Not to mention the cathedral, ancient water mill and the castle ruins.

So come and join us!



Nell Gwynn

at The Apollo Theatre

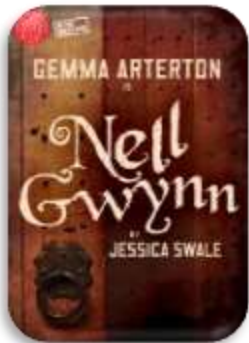
Matinee Performance at 2.30pm on 20th April, 2016

£35.00 per person

Starring the award-winning **Gemma Arterton**
(Quantum of Solace, The Duchess of Malfi, Made in Dagenham)
as the 'witty and pretty' Nell (*or so said Samuel Pepys*)

The hilariously funny and deliciously ribald Nell Gwynn is not to be missed.

Jessica Swale's acclaimed play is a sparkingly entertaining take on the true story of unlikely heroine Nell Gwynn who became one of the first women actors in England, winning the love of the public and of the King in the process.



Booking form at the end of the Newsletter.

As the Apollo is a small theatre, spaces are strictly limited and we have to confirm the booking before the end of February, so don't delay!

Social Club Guidelines

All outings include coach hire, a tip for the driver and entrance fee – we are non-profit making! With fluctuating fuel prices we always compare coach prices, but please be assured we always negotiate the most advantageous price for Sutton U3A members.

1. **Bookings.** These must be made using the application form, plus cheque to secure a place, either by post (plus SAE) to the organiser or in person at a General Meeting. Verbal requests do not secure a confirmed place.

A STAMPED ADDRESSED ENVELOPE must be enclosed when booking by post in order that a receipt can be sent which confirms a place on the outing.

An **EMERGENCY CONTACT** is requested as, without this, the organiser would not know how or who to inform should a member have an accident or be taken ill, especially if they were unable to travel home on the coach. We hope this shows an assurance of care, and is not perceived as intrusive. All applications are treated as confidential and are destroyed after the outing or theatre trip.

The organiser of each outing will keep a WAITING LIST.

2. **Payment** – by cheque only please!
One cheque for EACH outing or theatre trip. Each event has its own organiser and funding etc.
3. **Guests** – Members are welcome to invite their non-U3A spouse or a friend, on ONE outing or theatre trip per year.
4. **Cancellations of Bookings** for outings and theatre trips. In the case of hospital admissions and/or appointments at short notice.
5. We ENDEAVOUR to make a refund ONLY IF the place can be filled from the waiting list. **NB.** NO REFUND will be made to anyone failing to turn up –or does not turn up by the PICK UP time stipulated on the day.

Reminder

- when coach and theatre trips are advertised in the newsletter the booking process will be open to Sutton U3A members only during the first two weeks.

After that, if there are still vacancies, these will be offered to members from other local U3As and/or Sutton Seniors - **so Book Early !!**

Visit to Canterbury 25th November, 2015

At a Social Club Committee meeting early in 2015, it was decided to change our format of outings. The take up for outings in August had not been as good as the other months, so it was decided to have an Autumn outing instead.

Christmas markets have been growing in popularity in recent years, and they are held in several of our Cathedral cities. We chose Canterbury as it has a mixture of old and new attractions and is only a two hour drive from Sutton. It proved to be a popular venue and we were able to fill a 57 seater coach. The outing was advertised as Canterbury and the Christmas market.

We had an uneventful journey down and the weather was kind to us, being dry and not too cold. On arrival we all dispersed to do our "own thing". I headed for the Tourist Information office to get a map and some leaflets. A large poster greeted me announcing that the annual Christmas market would commence the following Saturday 28th. I could not believe that I had made such a mistake. The coach was booked the previous March, as the coach companies get busy near Christmas. At this point I contemplated going back by train, rather than face a coach full of angry, misled U3A members!

I managed somehow to enjoy myself having a walk along the river, looking at the modern theatre and enjoying the huge variety of architecture. On arrival back at the coach, everyone seemed very jolly and there were lots of bulging shopping bags. I apologised for my error and everyone was very good about it, to my great relief. As people left the coach I had many thanks and reassurances that they had all had an enjoyable day.

We have subsequently found out that several Christmas markets had been advised to change the original dates of their markets for security reasons. So I had not had a senior moment after all, at least not that time!!!!

Betty Stratford



Groups Update

Proposed New Walking Group

We are keen to start another walking group for people who want something a little more challenging. The walks would be around four miles. The frequency would be monthly and will possibly be on a Thursday, but this could be discussed.

If you are interested please call Sylvia Beavis on Mob: 07774 888973 Home: 0203 091 8121 or Margaret on Mob. 07721 411945 to discuss.

Proposed New Needlework Group

In the past there have been requests for a Needlework Group. We are very happy to announce that Pat Wilson is willing to lead a

group, possibly meeting on a Thursday. Spaces will be limited, so if you are interested ring her on 020 8642 8714 to discuss.

Beyond Barchester & King William College Quiz

"**Beyond Barchester**" is a newish group exploring the novels and other writings of Anthony Trollope. We meet at the Civic on 3rd Fridays 2-4pm. Alternate months we read a long novel and in between we cover a variety of activities: we have watched DVDs, read short stories and on one occasion went up to Mayfair to follow on the ground the plots of two related novels.

Do join us.

Does anyone else tear out their remaining hairs over the King William College Quiz? This horror is reprinted in the Guardian each Christmas Eve. For those who have not met it, the quiz is 180

cryptic clues, the solution to any one clue could pop into your head days after you had last agonised over the clue. Why do I tell you? I think that outside my family, the U3A is where I am likely to find other KWCQ puzzlers and what I suggest is that next year we have a brain-storming session in early January - with lots of black coffee - and a follow up after the answers are published. Any takers? If you want to have a look at the quiz, try the college's web-site www.kwc.im/home then follow the "Information Centre" tab.

Contact me on 0208-642-5102 or email pamelamrgn@aol.com

Pamela Morgan



S.T.A.R. Group (Small Tasks as Required)

We still need volunteers for this group.
If you feel you are able to help out please either contact either

Audrey Willson on 020 8642 0187 (u3awillson@btinternet.com) or
Debbie Edwards on 020 8643 8630 (debbie.j.edwards@btinternet.com)

Town & Country Group– it's our birthday !

On 12th February, the Town and Country Group celebrate the anniversary of the first trip that this group undertook in 2015. We went to the Cinema Museum at Kennington, where we saw some of the very earliest films, including one of Charlie Chaplin. We had a really enjoyable tour of the cinema memorabilia housed in this old building which was, at one time a workhouse.

We also had a delicious lunch at the nearby Jamyang Buddhist Centre and, as we had a little time to spare, we were given a whistle stop tour of the building, which used to be a Police Station. The cells are now used to accommodate bed and breakfast guests!

Is there anyone out there who would consider becoming a group leader for a second "Town & Country" Group?

Currently, T&C comprises 35 members, with 7 on the waiting list - thus making it very popular, but very difficult to join!

It would be an exciting group to embark upon, with a viable number of members. Help would obviously be given to anyone who might wish to take on this challenge!

Please call either Carol Stevens on 020 8642 5634 or Shirley Ellerbeck on 020 8644 0262 to discuss.



Emails

It has come to our attention that emails may sometimes go into members' spam or 'junk' folders. Please ensure you check your **JUNK** or **SPAM** folders regularly so that you don't miss out on any events or announcements. Also, very importantly, if you change your internet provider, please let us know.

Margaret Marchant



It is with great sadness that we have to announce the passing of Margaret Marchant. Margaret was a member of Sutton U3A for many years and was a Group Leader of the original London Appreciation Group. The meetings were planned so that one month one of the group spoke on a topic or place and the next month we would visit it. She was an excellent organiser of the outings, which we always enjoyed.

Margaret and Reg were so kind and caring when we were in their home, making sure we all had everything we needed. Margaret also attended a gardening group, a hobby which gave her much pleasure; she also enjoyed attending the General Meetings.

Marcia Turner



London Older People's Strategies Group – Request for Representative

Ron Morris has been representing Sutton U3A on the London Older People's Strategies Group. As Ron has now stepped down from the end of December 2015, we would like to invite an application from any member to represent us in future.

LOPSG is run entirely by an elected committee of older volunteers and has a membership of over 400 groups representing the wide diversity of older people's groups across London. The

quarterly open Participants' Meetings and the annual LOPSG London Older People's Assembly are popular and valued occasions giving members the opportunity to hear expert professionals and become informed and express their views on issues of current moment.

If you are interested in applying for this role, please contact Debbie Edwards on 020 8643 8630 or email debbie.j.edwards@btinternet.com.

Discussion Group
2pm to 4pm in Room 3 at the Civic Centre

An informal discussion group held where members can speak as many times as they like. Serious subject in the first half, with a more light hearted subject in the second.

Group Leader Liz Robson, 020 8647 3812



Science Group

6th Form Common Room at Nonsuch High School for Girls, Cheam Road, Cheam. Open at 2.30pm for 3pm start. This is a collaborative effort between the school and three local U3A Branches, which are Sutton, Banstead and Epsom. Contact Derek Yeo 020 8647 4016

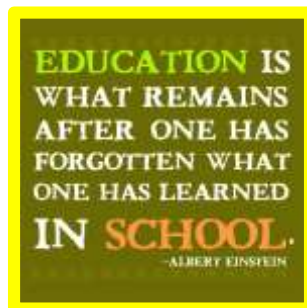
**There are new security measures at the school,
please contact Derek Yeo if you have not attended before**

The Science lectures at Nonsuch High School for Girls are funded through an outreach programme by the School.

The next lecture is Wednesday 9th March Kevin Litchfield & Georgina Sava - PhD Students
Institute of Cancer Research

Subject to be confirmed

Due to building work, entry to the school will be through the main entrance ONLY until further notice. The building work is likely to take about a year to complete. Please park in the carpark to the left of the main entrance. Wait in the porch to be escorted to the meeting room.



Group Vacancies

Antiques

Second Thursday afternoon in the month
Contact Maggs Sandilands 020 8647 4419

Art Group A

Alternate Thursday mornings
Contact Audrey Nutley 020 8699 3018

Art Galleries & Museums

Fourth Thursday in month
Contact Janet Searle on 020 8395 4527

Art Portraiture

Alternate Tuesday afternoons
Contact Julia Wilding on 020 8669 9931
or Doris Smith on 020 8688 8606

Biographies

Second Friday afternoon in the month
Contact Pat Moody 8330 5465

Card Making & Papercraft

Third Monday afternoon in the month
Contact Pat Wilson 020 8642 8714

Cinema Streaming

Ad hoc. No fixed meeting
Contact Shirley Ellerbeck 020 8644 0262

Discussion Group

First Friday afternoon in month
Contact Liz Robson 020 8647 3812

Geology

Third Thursday morning in the month
Contact Valerie Brewer 020 8241 4462

Informal Piano Playing

First Friday afternoon in the month
Contact Clare Nunns 020 8669 0174

Literature

Last Tuesday morning in the month
Jill Henderson 020 86472588

Making Music

First Wednesday morning in month
Contact Clare Nunns 020 8669 0174

Philosophy

Last Thursday morning in month
Contact John Goodall 020 8394 0083

Poets of the Twentieth Century

Second Wednesday in the month
Contact Pearl Essex 020 8642 7487

Recorders

Second Wednesday morning in the month
Contact Bill Brewer 020 8241 4462

Science

Wednesday afternoon, twice per term
Contact Derek Yeo 020 8647 4016

Social Bridge

2nd & 4th Wednesday afternoons. Vacancies
for experienced players. Beginners should
contact Jenny Kehoe on 020 8642 9025

Trollope – Beyond Barsetshire

Third Friday in the month
Contact Pamela Morgan 020 8642 5103

Walking

Second Friday of the month
Contact Audrey Willson 020 8642 0187

National, London Region, Surrey & Sussex Forthcoming Events

National

Tuesday 2nd February 2016

[Lunch Hour Lectures: The state, science and Humphry Davy](#)

FREE Lunch Hour Lecture from UCL: 13:15 — 13:55

Lunch Hour Lectures are an opportunity for anyone to sample the exceptional research work taking place at UCL, in bite sized chunks. Speakers are drawn from across the university, and lectures frequently showcase new research and recent academic publications

Venue: Darwin Lecture Theatre, Darwin Building access via Malet Place, London, WC1E 6BT

For more information contact Sonia Abrams 0203 108 3840 | or email events@ucl.ac.uk

If you can't get up to town these lectures are also available on www.youtube.com

- 3rd March – U3A Sing Out at the Savoy Theatre (£35)
- 15th March – “Importance of Being Earnest” – Exclusive screening for U3A at Odeon Covent Garden (£15)
- 17th March – RI Spring Meeting in Mayfair (£20)
- 11th April – “Search for life in the universe” – Birkbeck University, London (free)
- 27th April – U3A Spring Concert Mozart Requiem – St Clement Danes, Strand, London

Booking forms for all the above events available from: U3A National Office & www.u3a.org.uk members' area

Surrey Network

- Fri Apr 15th [The Theatrical Heritage](#) of Gilbert & Sullivan
Presented by Bernard Lockett, Trustee of the International Gilbert & Sullivan Festival
- Fri May 20th [Fifty Years of Changing Britain](#) - 1942 to 1992
Presented by Gill Pitt, U3A Member
- Fri Jun 17th [London and the Growth of the Suburbs + The Forgotten Spy from the First World War](#)
Presented by Nick Barratt, Well-known Broadcaster

Sussex U3A Network (SUN)

Sat Feb 13th [Fifty Years of Changing Britain](#) An exploration of the scientific & technological developments combined with social & political ideas and action which have changed our lives and our nation - from the advent of antibiotics, computers and the post war welfare state in the atomic age through to the 1990s and the digital age.

Please go to the SUN website, where you can also apply online for the study day of your choice: www.sussexu3anetwork.org.uk

South East U3A Forum Conference

The Annual Conference will be held in the Meridian Hall, East Grinstead on Wednesday 20 April 2016. The title is "U3A - New Stage" and the main speakers are Pam Jones from Witney U3A who is the new Chairman of the Third Age Trust and Professor Richard Faragher, University of Brighton.



Ode to a Pill

Little pill here in my hand, I wonder how you understand
Just what to do or where to go, to stop the ache that hurts me so.

Within your content lies relief, you work alone in disbelief.
You sink in regions there below, as down my throat you quickly go!
But what I wonder, little pill, is how you know where I am ill.
And just how do you really know exactly where you have to go?

I have a headache, that is true. My broken ribs need attention too!
So how can anything so small end my aches in no time at all?

Do you work alone or hire a crew to do the good things that you do?
I'm counting on you mighty strong to get to there, where you belong.

Don't let me down, please do not shirk to do your undercover work.
So down my throat, be on your way and end my aches for another day.
Don't take a wrong turn is my plea. I can't take another till after three.

Anon

Groups by Day of the Week

| DAY | SUBJECT | FREQUENCY | CONTACT | TELEPHONE |
|--------------------------|----------------------------|--------------------------|---------------------------------|------------------------|
| MONDAY AM | ART GROUP B * | FORTNIGHTLY | BRIDGET GILL | 8642 4303 |
| | HISTORY | FORTNIGHTLY | ALLAN CLACK | 8669 5550 |
| | WRITING FOR PLEASURE | 1 ST IN MONTH | PAT WILSON | 8642 8714 |
| MONDAY PM | FAMILY HISTORY (Beginners) | 2ND IN MONTH | JOY CATLING | 8647 7690 |
| | CARDMAKING & PAPER CRAFT | 3RD IN MONTH | <i>PAT WILSON</i> | 8642 8714 |
| TUESDAY AM | LITERATURE | LAST IN MONTH | JILL HENDERSON | 8647 2588 |
| | PHOTOGRAPHY A | FORTNIGHTLY | BRENDA SELL | 01737 362401 |
| TUESDAY PM | ART APPRECIATION A | 2ND IN MONTH | JOY JORDAN | 8669 5060 |
| | ART GROUP A * | FORTNIGHTLY | AUDREY NUTLEY | 8688 3018 |
| | CURRENT AFFAIRS | 1ST & 3RD IN MONTH | JENNY KEHOE | 8642 9025 |
| | ART PORTRAITURE * | FORTNIGHTLY | JULIA WILDING or DORIS SMITH | 8669 9931 8688 8606 |
| | SCRABBLE & BOARD GAMES | FORTNIGHTLY | SHEILA BIGWOOD | 8770 0639 |
| TUESDAY ALL DAY | PHOTOGRAPHY B | FORTNIGHTLY | JUDY TAYLOR | 8647 4049 |
| WEDNESDAY AM | PLAYREADING | 2ND & 4TH IN MONTH | CHERYL BAILEY | 8669 1789 |
| | POETS OF THE 20TH C | 2ND IN MONTH | PEARL ESSEX | 8642 7487 |
| | RECORDERS PLAYING * | 1ST IN MONTH | BILL BREWER | 8241 4462 |
| WEDNESDAY PM | THE BOOK CLUB * | 3RD IN MONTH | THERESE PALMER | 8330 5460 |
| | BOOKWORMS | 2ND IN MONTH | MAVIS McCARTHY | 8661 2556 |
| | MAHJONGG | 3RD IN MONTH | DOREEN SAWTELL | 8395 4627 |
| | SCIENCE * | TWICE PER TERM | DEREK YEO | 8647 4016 |
| | SOCIAL BRIDGE * | 2ND & 4TH IN MONTH | JENNY KEHOE | 8642 9025 |
| WEDNESDAY ALL DAY | TOWN & COUNTRY | 4 TH IN MONTH | CAROL STEVENS | 8642 5634 |
| THURSDAY AM | ART GALLERIES & MUSEUMS | 4th IN MONTH | JANET SEARLE | 8647 3715 |
| | GEOLOGY | 3RD IN MONTH | VALERIE BREWER | 8241 4462 |
| | HORTICULTURE | 1ST IN MONTH | JANET SEARLE | 8647 3715 |
| | LONDON APPRECIATION A | MONTHLY | ANN WILSON | 8647 9312 |
| | LONDON APPRECIATION B | 3RD IN MONTH | MAVIS McCARTHY | 8661 2556 |
| | LONDON APPRECIATION C | 1ST IN MONTH | DON JORDAN | 0203 441 4269 |
| | PHILOSOPHY | LAST IN MONTH | JOHN GOODALL | 8394 0083 |
| THURSDAY PM | ANTIQUES | 2ND IN MONTH | MAGGS SANDILANDS | 8647 4419 |

| DAY | SUBJECT | FREQUENCY | CONTACT | TELEPHONE |
|-----------|------------------------|---------------------------------|-------------------|-----------|
| FRIDAY AM | WALKING GROUP | 2ND IN MONTH | AUDREY WILLSON | 8642 0187 |
| | THEATRE GROUP A | BY ARRANGEMENT | ANN WILSON | 8647 9312 |
| | THEATRE GROUP B | BY ARRANGEMENT | AUDREY WILLSON | 8642 0187 |
| | ART APPRECIATION B | 1 ST FRIDAY IN MONTH | PAMELA LYNE | 8643 3018 |
| FRIDAY PM | GERMAN CONVERSATION | FORTNIGHTLY | MARTHA FAULKNER | 8241 7075 |
| | BIOGRAPHIES * | 2ND IN MONTH | PAT MOODY | 8330 5465 |
| | INFORMAL PIANO PLAYING | 1ST IN MONTH | CLARE NUNNS | 8669 0174 |
| | TROLLOPE GROUP | 3RD IN MONTH | PAMELA MORGAN | 8642 5103 |
| | DISCUSSION GROUP * | 1ST IN MONTH | LIZ ROBSON | 8647 3812 |
| AD HOC | CINEMA STREAMING | BY ARRANGEMENT | SHIRLEY ELLERBECK | 8644 0262 |

- * Art Group B meets at the Scouts Hall, Wallington
- * Art Group A & Portraiture meet at the United Reform Church Hall, Wallington
- * Social Bridge is held at Granfers
- * Biographies, History, Trollope & Discussion Group are all held at Civic Offices
- * Science is held at Nonsuch High School for Girls – contact Derek Yeo for security information



Thought for the Month

"Where after all, do human rights begin? In small places, close to home-so close and so small that they cannot be seen on any maps of the world. Yet they are the world of the individual person; the neighbourhood they live in; the school or college they attend, the factory, farm or office where they work... unless these rights have meaning there, they have little meaning anywhere. Without concerted citizen action to uphold them close to home, we shall look in vain for progress in the larger world"

Eleanor Roosevelt
Chair of the United Nations Human Rights Commission

Sutton U3A Executive Committee 2015-2016

| | | |
|---|--------------------------|------------------|
| Chairman & Surrey U3A Network Representative | Audrey Willson | 8642 0187 |
| Vice Chairman | Vacant | |
| Secretary | Debbie Edwards | 8643 8630 |
| Treasurer | Brenda Dombey | 8287 0871 |
| Membership Secretary | Mavis McCarthy | 8661 2556 |
| Communications Secretary | Shirley Ellerbeck | 8644 0262 |
| Groups Co-ordinator | Cheryl Bailey | 8669 1789 |
| Social Committee Liaison | Maggs Sandilands | 8647 4419 |
| Social Club Treasurer | Angela Bradbrook | 8681 8401 |
| Committee Member | Margaret Laurence | 8661 6021 |
| Committee Member | Amanda Tomlin | 8669 1722 |
| Publicity Officer | Vacant | |
| Speaker Bookings Secretary | Vacant | |

Newsletter edited & produced by Shirley Ellerbeck

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Ode to a Pill submitted by Joan McKenzie
Thought for the Month submitted by Doris Richards
Distribution by Jill Henderson & Team from STAR Group



Sutton U3A is affiliated to the Third Age Trust
The Old Municipal Buildings, 19 East Street, Bromley, Kent, BR1 1QE
Tel No 020 8466 6139S

"Nell Gwynn"

Matinee Performance at 2.30 pm
at the Apollo Theatre on 20th April, 2016

Name Mem No Tel No

Mobile No, in case of delay on the day

Emergency Contact Tel No

Cost £35.00 []

Cheques payable to "Sutton U3A Social Club", together with **a stamped addressed envelope ***
to be sent Shirley Ellerbeck, 53 Danescourt Crescent, Sutton, SM1 3DZ. Tel No 020 8644 0262

* Alternatively, email the receipt to:.....